



**Forum: Idioms and Proverbs 論壇: 俗語和諺語**

**Topic: All work and no play makes Jack a dull boy**

**Subject: All work and no play makes Jack a dull boy**

Posted by: Tim Luo

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This should be one of the famous proverbs that even high school students here in Taiwan know. This means it's not healthy for someone to work all the time and never play. (Often used to exhort someone to stop working, or to justify why you have stopped working. You can substitute the name of the person you are addressing for *Jack*.)

*Don't come to the office this weekend. All work and no play makes Jack a dull boy.*

*I'd like you to take a week's vacation next month. All work and no play makes Jack a dull boy.*

Source: Life is Just a Bowl of Cherries

Tim