



Forum: Grammar i'¼ æ-ʔæ³•i'¼%º

Topic: What's the difference between keep and maintain?

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Posted by: sailormoon

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What's the difference between keep and maintain?

and here is a question

Not everyone can become as slim as a model. But you can reach and _____ your best weight.

A. keep B. maintain C. satisfy D. remain

the answer is B. but why can't I choose A. they have the same meaning.

so what's the difference between them?