



Forum: Common English Questions

Topic: Zone out

Subject: Re: Zone out

Posted by: futari

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some more info:

a) "zoned or zoned out"

= intoxicated with narcotics;

= high

[adj. or adj. phrase in the 1960s, influenced by "spaced out"]

b) "zone (something) out"

= to omit from consciousness;

= shut out of the mind

(e.g.) I can just zone everything out and keep going.

<< New York Sunday Times >>

[verb phrase by 1960s]